

Family Life Education [Information for Families](#)

4th Grade

ACPS Family Life Education - School Board Statement

The Albemarle County School Board wishes to state to its students, families, faculty and administration that abstinence is the safest choice with regard to alcohol, drugs, or premarital sex. No other choice provides better protection to the social, moral, psychological and biological development of our children. We wish to make it clear that is our standard.

The Board also advocates family involvement in every phase of the curriculum teaching. Families are, in the end, those to whom we are responsible. They must assist our schools in the proper development of our children.

This Board recognizes that no school program can answer the needs of all families. Therefore, it reminds families that, if in their judgment, this curriculum differs from their personal beliefs, they can choose not to have their children participate. This Board assures students will gain no stigma for that choice.

Finally, the Board acknowledges that the teaching of Family Life Curriculum is one of the most important duties that the school system assumes in the place of the families. Our teachers will present this curriculum to our students with the utmost professionalism and respect for its content and sensitivity. The School Board supports the mission and vision of Albemarle County Public Schools and its goals that support learning for all.

ACPS Family Life Education - Goals

The goals of the Family Life Curriculum are to develop skills, to promote parent/child discussion and to impart accurate information concerning:

1. Family living and community relationships;
2. The value of family;
3. The value of postponing sexual activity;
4. Abstinence education;
5. The benefits, challenges, responsibilities, and the value of marriage to children and communities;
6. Human sexuality;
7. Human reproduction and contraception;
8. The etiology, prevention, and effects of sexually transmitted diseases;
9. The prevention of human trafficking; and
10. Mental health education and awareness.

FLE Learning Objectives: FOURTH GRADE

The following objectives are included in the Family Life Education (FLE) curriculum for **4th Grade** students:

- 4.1 The student will identify the need to assume greater responsibility for self and responsibility within family, peer groups, and the larger community.
- 4.2 The student will identify basic human emotions and effective ways of dealing with them.
- 4.3 The student will identify personal strengths and weaknesses.
- 4.4 The student will identify physical changes that begin to occur during puberty.
- 4.5 The student will describe the factors surrounding child abuse.

Parental Review of FLE Curriculum

In accordance with the Code of Virginia for Family Life Education (Code 22.1-207.2), parents and guardians have the right to review the family life education program offered by their school division, including written and audio-visual educational materials used in the program. Parents and guardians also have the right to excuse their child from all or part of family life education instruction.

A complete copy of all printed materials and a description of all audio-visual materials shall be kept in the school library or office and made available for review during school office hours before and during the school year. These materials are also made available electronically. The audio-visual materials shall be made available for review, upon request, on the same basis as the printed materials are made available. Parents and guardians are encouraged to make arrangements through their child's school to review Family Life Education (FLE) materials.

Parental Involvement

The Albemarle County School Board bases its belief that parental involvement is essential to the success of the FLE program on the following rationale:

- Families are responsible for the care and guidance of children.
- Children need their families' time and attention.
- Families can help guide their children by explaining their values and by exploring future goals for their children.
- Communication between families and children is vital.
- Children and youth function best when there is clear and cooperative communication between home and school.

Opt-Out Option Family Life Instructional Choices

In accordance with the Virginia Board of Education Guidelines for Family Life Education (FLE), an "opt-out" procedure shall be provided to ensure communication with the parent or guardian for permission for students to be excused from all or part of the program. This option is available to parents and guardians at any time during the school year before the child's FLE program starts. The alternatives for a student opting out of FLE are as follows:

Alternative A: The student may complete a non-family life oriented unit of health study with requirements that are mutually agreed upon by the parent and the FLE teacher.

Alternative B: A student in grades 6-10 may participate in a family life oriented unit of health study with requirements that are mutually agreed upon by the parent and the FLE teacher.

In either case, the work completed will be assessed in a manner that is consistent with the normal practice in the school. Any alternative selected must be designed for the student to work independently. Parents or guardians wishing to remove their child from any or all portions of the FLE program should complete the "Opt-Out Form" on the opposite side of this page. Parents should contact their child's teacher or school principal with any questions.

Questions

In grades four and five, all materials will be presented to all students. If, after reviewing this ~~brochure~~letter, you have any questions or need additional information about the FLE program, please contact your child's teacher or school principal. 

Family Life Educator Name:

Family Life Educator Email:

**Family Life Choices for Instruction-ACPS Family Life Education
Instructional Choice Form – 4th & 5th Grade**

If you wish to opt out of the Albemarle County Public Schools Family Life Education (FLE) program, please indicate your choice below by filling out all necessary information. Please indicate your instructional choice by making your selection below. FLE Curriculum is available at <http://www.k12albemarle.org/our-departments/instruction/health-physical-education> and may also be obtained as stated on page 2 under the section titled: Parental Review of FLE Curriculum.

Select one of the following choices:

Please circle one choice below:

CHOICE 1

- I wish for my child to participate in Family Life Education with female students.
- I wish for my child to participate in Family Life Education with male students.
- I wish for my child to participate in Family Life Education with combined gendered students.
- ~~I would like to have a conversation with my child's family life education teacher to discuss options for my child.~~

Note: Failure to return this form to school indicates that your child will participate in Family Life Education. Your child will be placed in the class with students based on their gender listed in Power School.

CHOICE 2

- I wish to remove my child from **ALL** of the Albemarle County Public Schools Family Life Education (FLE) program.

OR

CHOICE 3

- I wish to remove my child from **Part(s)** of the Albemarle County Public Schools Family Life Education (FLE) program. ~~If you selected CHOICE 3, please WRITE below to indicate the learning objective(s) from which you wish to remove your child.~~ Your child will only be removed from the specific standards that you list below:

Student's Full Name _____

Date _____

Students' Classroom Teacher _____

Grade _____

Formatted: Superscript

Formatted: Superscript

Formatted: Indent: Left: 1", First line: 0"

Parent/Guardian's Name _____ Phone Number: _____

Parent/Guardian Email: _____

Parent/ Guardian's Signature _____

~~Your child's teacher will be in touch with you shortly to work out alternatives for your child's opt-out plan.~~

