



FAMILY LIFE

EDUCATION 2023-24

CODE OF VIRGINIA FOR FAMILY LIFE EDUCATION

Family Life Education Standards are approved by the local school board. School boards may opt to approve the teaching of all standards approved by the VDOE or they may develop local standards to be taught.

In ACPS, the local curriculum plan references the Family Life Education Standards of Learning objectives approved by the Board of Education.

Any changes to the curriculum is approved by the local school board.

ACPS must provide opportunities for parents and others to review curriculum and instructional materials annually prior to the beginning of actual instruction.

REVIEW RECOMMENDATIONS FROM 2022-23

RECOMMENDATION 2: *Gender Combined Instruction for Family Life Education in Grades 6-Health II*

RECOMMENDATION 3: *Revise Opt Out Form*

OPT OUT FORM UPDATES

Recommendations for Updated Opt Out Forms:

[Elementary School Recommendation](#)

[Middle School Recommendation](#)

[High School Recommendation](#)



ELEMENTARY SCHOOL CURRICULUM RECOMMENDATIONS

Grade 5 teachers recommend updates to the male and female reproductive diagrams to reflect structures that are appropriate and accurate for elementary students.

Recommended Reproductive System diagrams:

Male Reproductive,

Female Reproductive

MIDDLE SCHOOL CURRICULUM RECOMMENDATIONS

Grade 6 teachers recommend combining the Male/Female Reproductive System presentations to accommodate the combined gender classes in middle school.

Male and Female Reproductive Systems

MIDDLE SCHOOL CURRICULUM RECOMMENDATIONS

Grade 8 teachers recommend updates to the Teen Pregnancy presentation to include updated facts about pregnancy prevention and disease control.

[Updated Pregnancy Presentation & Handout](#)

HEALTH I CURRICULUM RECOMMENDATIONS

High school health teachers recommend updating content and data that is currently outdated in the presentation. In addition, teachers are recommending new videos be approved that are relevant to high school aged students.

Relationships and Sexual Assault

Recommended Presentation with New Videos:

- + That's not Cool, When Caring Becomes Controlling
- + #thats NOT Love Campaign, Don't Let Yourself
- + 10 hours walking in NYC, Sexual Assault & Relationship Violence
- + Consent is Tea, Survivors of Sexual Trauma

HEALTH I CURRICULUM RECOMMENDATIONS

High school health teachers recommend updating the local and national STI data. Teachers have updated current facts regarding STIs and local STI screenings. They have also included local agencies and resources available in the Charlottesville region. Additional slides have been included to increase engagement during the lesson.

Sexually Transmitted Infections, STIs